



Country SA Services Directory

Connecting Country SA People and Services

Empowering you to access and navigate the health system to meet your needs.

www.servicesdirectory.org.au

phn
COUNTRY SA
An Australian Government Initiative

Supported by  FocusOne
Health

If you require crisis care or support
please call or visit any of the following:

Regional Access
Helpline **1300 032 186**

Emergency & Crisis
Intervention **13 14 65**

Lifeline **13 11 14**

Healthdirect **1800 022 222**

Or your local GP clinic or hospital

www.saregionalaccess.org.au

www.lifeline.org.au

www.headspace.org.au

www.beyondblue.org.au

www.countrysaphn.com.au